

Living Well

Pioneer for Cornwall and the Isles of Scilly

Supporting people to live the lives they want

OUR THREE AIMS

<p>IMPROVED HEALTH AND WELLBEING</p>	<p>IMPROVED EXPERIENCE OF CARE AND SUPPORT</p>	<p>REDUCED COST OF CARE AND SUPPORT</p>
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THE PRINCIPLES

<p>STOP CREATING NEW LAYERS – support existing groups and connect people together</p>	<p>COMMUNICATE WHAT'S AVAILABLE and where in a way that people find useful</p>
<p>ENCOURAGE LOCAL LEADERSHIP AND ENGAGEMENT</p>	<p>BE BOLD AND BE BRAVE!</p>

SO FAR WE ARE SEEING...

RECRUITED COHORT NOW AT 800

20% OF PEOPLE IN THE PROGRAMME GO ON TO BECOME VOLUNTEERS THEMSELVES

67 VOLUNTEERS and **12** CO-ORDINATORS

Living Well Penwith				
WELLBEING	ACUTE HOSPITAL COSTS	EMERGENCY	NON-ELECTIVE ADMISSIONS	OUT-PATIENT
20% improvement	41% reduction	36% reduction	49% reduction	13% reduction
SOCIAL CARE COSTS	COMMUNITY HOSPITAL	INPATIENT ACTIVITY	LENGTH OF STAY	
8% reduction		28% reduction	20% reduction	

THE CRITERIA

A MINIMUM OF 2 LONG TERM CONDITIONS **OR** **A SOCIAL CARE PACKAGE IN PLACE WHERE**

from the following: diabetes, dementia, respiratory (COPD), heart failure, stroke, memory loss, parkinson's, hypertension, osteoporosis, have a history of falls, risk of repeat infection (urinary tract infection or pneumonia)

- The value is £50 per week or below.
- The value is £200 per week or above. This includes lunchtime visits.
- The person has received support from the Early Intervention Service 3 times or more within the last 12 months.
- The person has been supported through an urgent response or emergency duty 3 times or more within the last 12 months.

£2500+ AVERAGE UNPLANNED HOSPITAL ADMISSION COST FOR THIS COHORT

£400 THE MAXIMUM COST OF SUPPORT PER PERSON

WE ARE SEEING A 3:1 RETURN ON INVESTMENT

OUR BUILDING BLOCKS

CONVERSATION AND GOAL SETTING	AIDING RECOVERY WITH HELP FROM VOLUNTEERS
COMMUNITY SUPPORT AND NETWORK DEVELOPMENT	SPECIALIST SUPPORT
CARE CO-ORDINATION BY INTEGRATED TEAM	

CULTURAL CHANGE ELEMENTS

LOCAL PEOPLE LOCAL CONVERSATION	STRONG GP BUY-IN
PRACTITIONER CO-DESIGN	INFORMATION SHARING
BUILDING TRUST AND RELATIONSHIPS	

THE FACTS

670 COMMUNITY GROUPS MAPPED IN PENWITH

45+ COMMUNITY MAKERS

31,000 HOUSEHOLDERS DESCRIBING THEMSELVES AS OFTEN OR ALWAYS LONELY

34,000 PEOPLE AGED 65 OR OVER LIVE ALONE

£1.7m WHAT VOLUNTEER TIME GIVEN SO FAR WOULD EQUATE TO BASED ON THE MINIMUM WAGE

PROJECT TEAM SPANS HEALTH, SOCIAL CARE, INDEPENDENT AND VOLUNTARY SECTOR, DRIVEN BY LOCAL GP CHAMPIONS

ONLINE REPOSITORY THE 'KNOWLEDGE BUCKET' WWW.KNOWLEDGEBUCKET.ORG

WINNER OF HEALTH SERVICE JOURNAL AWARD 2013 FOR MANAGING LONG TERM CONDITIONS

SHORTLISTED FOR HEALTH SERVICE JOURNAL AWARD 2014 FOR PRIMARY AND COMMUNITY SERVICE REDESIGN

FIRST LOCAL SCHOOL OF HEALTH AND CARE RADICALS FOR NHS IMPROVING QUALITY

SHOWCASED IN NHS ENGLAND'S FIVE YEAR FORWARD VIEW AS A FUTURE MODEL OF CARE

60+ ORGANISATIONS ACROSS THE UK LOOKING TO US TO SHARE A NEW WAY OF WORKING

SO FAR 6 CLINICAL COMMISSIONING GROUPS IN THE UK HAVE AWARDED REVENUE FUNDING OF OVER £0.5M TO LOCAL AGE UK AND OTHER CHARITIES, BASED ON OUR MODEL